## GENDER AND CONTEMPORARY HORROR IN FILM

## EMERALD STUDIES IN POPULAR CULTURE AND GENDER

Series Editor: Samantha Holland, Leeds Beckett University, UK

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Samantha Holland, Screen Heroines, Superheroines, Feminism and Popular Culture

# GENDER AND CONTEMPORARY HORROR IN FILM

#### **EDITED BY**

#### SAMANTHA HOLLAND

Leeds Beckett University, UK

#### **ROBERT SHAIL**

Leeds Beckett University, UK

#### STEVEN GERRARD

Leeds Beckett University, UK



Emerald Publishing Limited Howard House, Wagon Lane, Bingley BD16 1WA, UK

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#### **List of Contributors**

Emilio Audissino (University of Southampton), a film scholar and a film musicologist, holds one PhD in History of Visual and Performing Arts from the University of Pisa, Italy, and one PhD in Film Studies from the University of Southampton, UK. He specialises in Hollywood and Italian cinema, and his interests are film analysis, screenwriting, film style and technique, comedy, horror, and film sound and music. He has published journal articles, book chapters, and encyclopedia entries on the history and analysis of films from the silent era to contemporary cinema. He has taught film history, technique and theory at the Universities of Genoa, Southampton, West London, and UNINT Rome. He is the author of the monograph John Williams's Film Music: 'Jaws', 'Star Wars', 'Raiders of the Lost Ark' and the Return of the Classical Hollywood Music Style (University of Wisconsin Press, 2014), the first book-length study in English on the composer, and the editor of the collection of essays John Williams. Music for Films, Television and the Concert Stage (Brepols, 2018). His book Film/Music Analysis. A Film Studies Approach (Palgrave Macmillan, 2017) concerns a method to analyse music in films that blends Neoformalism and Gestalt Psychology.

Irene Baena-Cuder graduated in Media and Communication from the University of Extremadura, Spain, in 2008, and after gaining some professional experience in this field, she achieved an MA in Gender Studies at the University of Huelva, Spain. She has recently completed her PhD in Film Studies at the University of East Anglia, UK, where she explored contemporary Spanish horror film from a gender perspective. Her research contributions include academic chapters and published articles studying issues of historical memory and Spanish Gothic, Spanish fascist identities, masculinity, representation of women as possessed monsters in contemporary Spanish horror film or the wider problematic representation of strong, independent women as monsters within this genre. She has worked as a Guest Lecturer at Glasgow Caledonian University, UK, and she currently teaches Film and Media studies at the University of East Anglia.

Fernando Gabriel Pagnoni Berns works at the Universidad de Buenos Aires (UBA) — Facultad de Filosofía y Letras (Argentina), as Professor in 'Literatura de las Artes Combinadas II'. He teaches seminars on international horror film. He is director of the research group on horror cinema 'Grite' and has published articles on Argentinian and international cinema and drama in the following publications: Imagofagia, Vita e Pensiero: Comunicazioni Sociali, Anagnórisis, Lindes and UpStage Journal among others. He has published chapters in the books *Horrors of War: The Undead on the Battlefield*, edited by Cynthia Miller, *To See the Saw Movies: Essays on Torture Porn and Post 9/11 Horror*, edited by John Wallis, *For His Eyes Only: The Women of James Bond*, edited by Lisa

Funnell, *Dreamscapes in Italian Cinema*, edited by Francesco Pascuzzi, *Reading Richard Matheson: A Critical Survey*, edited by Cheyenne Mathews, *Time-Travel Television*, edited by Sherry Ginn, *James Bond and Popular Culture*, edited by Michele Brittany, and *Deconstructing Dads: Changing Images of Fathers in Popular Culture*, edited by Laura Tropp, among others. Currently, he is writing a book about Spanish horror TV series *Historias para no Dormir*.

**Hannah Bonner** is in the PhD program in Film Studies at the University of Iowa, USA. She has an MA in Film Studies from The University of Iowa and a BA in English and Honors in Creative Writing from UNC-Chapel Hill. Finally, her chapter on the HBO show *Girls* in the anthology *HBO's Original Voices: Race, Gender, Sexuality and Power* from the publisher Routledge was published in 2018.

Joseph Brennan is an Independent Scholar working in Sydney, Australia. He writes on male sexuality in the fields of porn, fan, and celebrity studies, and his work has been published in leading scholarly journals. Joseph is currently editing a special issue on 'queerbaiting', to appear in the Journal of Fandom Studies in 2018, and is also assembling a book collection on the topic for a university press. He has worked previously as Lecturer of Media and Communications at the University of Sydney, where he received his PhD. He is editorial board member on the Routledge journal Psychology & Sexuality. Selected journals in which his work has appeared include: International Journal of Cultural Studies, Porn Studies, Sexualities, Psychology & Sexuality, Sexuality & Culture, Disability & Society, Continuum, Celebrity Studies, Popular Communication, Discourse, Context & Media, Media International Australia, Journal of Fandom Studies and MIC Journal.

**Niall Brennan** received his PhD from the London School of Economics and Political Science, UK, where he focused on representations of national culture, values and identity in the Brazilian television mini-series. His research continues to focus on Latin American television and film, as well as on representations of gender and sexuality in fiction and reality TV globally. Niall is an Assistant Professor in the Department of Communication at Fairfield University, USA.

Wickham Clayton is a Lecturer in Film History and Theory at the University for the Creative Arts in Farnham, UK. He is an editor of *Style and Form in the Hollywood Slasher Film* (2015) and a co-editor of *Screening Twilight: Critical Approaches to a Cinematic Phenomenon* (2014). Wickham's work focuses on film form and aesthetics, film genre (with some specialization in horror), the Biblical Epic and auteurist perspectives on the historical poetics of the films of Woody Allen.

**Matthew Denny** is a Teaching Fellow in the Department of Film and Television Studies at the University of Warwick, UK. He has recently completed a PhD on theories of authorship and postmodernism, and has previously conducted research on Hammer Horror.

**Kath Dooley** is a filmmaker and academic in the School of Media, Creative Arts & Social Inquiry at Curtin University, Australia. She completed a creative PhD exploring portrayals of the body in the work of contemporary French directors Claire Denis, Catherine Breillat and Marina de Van at Flinders University, South Australia, in 2014. Kath has written a number of short and feature length screenplays and has directed several award-winning short films and music videos. Her research interests include French cinema, screen production methodology, screenwriting and screen education.

Louise Flockhart graduated from the University of Dundee, UK, with an MA (Hons) in English Literature in 2013, and then with an MLitt in Gender, Culture and Society in 2014. She was awarded the Mary Ann Baxter award for excellence in the GCS MLitt. She was then awarded AHRC DTP funding to carry out her PhD at the University of Stirling, UK. Louise is currently in the middle of her doctoral studies, writing her thesis on representations of female cannibals in contemporary literature and film.

**Diego Foronda** is MA in Literature graduated at the Universidad de Buenos Aires (UBA) — Facultad de Filosofía y Letras (Argentina)-. He has published in *Representations of the Mother-in-Law in Literature, Film, Drama, and Television*, edited by Jo Parnell and *Critical Essays on Arthur Machen*, edited by Antonio Sanna.

Steven Gerrard is Senior Lecturer at The Northern Film School, Leeds Beckett University, UK. A firm fan of all things Low Culture, Steven has written two monographs entitled *The Carry On Films* (Palgrave Macmillan) and *The Modern British Horror Film* (Rutgers University Press). He is a co-editor of *Crank it up! Jason Statham — Star* and a series of books for Emerald Publishing on gender in horror.

Samantha Holland is a Senior Research Fellow at Leeds Beckett University, UK. Her research interests include gender, leisure, subcultures and popular culture. Her publications include *Alternative Femininities* (Berg, 2004); *Body, Age & Identity*; *Pole Dancing, Empowerment & Embodiment* (Palgrave Macmillan, 2010); and *Modern Vintage Homes & Leisure Lives: Ghosts & Glamour* (Palgrave Macmillan, 2018).

**Frances A. Kamm** is the Co-founder and Organizer of the Gothic Feminism project at the University of Kent, UK, and the co-editor of the forthcoming *Gothic Heroines on Screen*. Frances completed her PhD last year with her thesis entitled: 'The Technological Uncanny and the Representation of the Body in Early and Digital Cinema'. Her research interests include theories of the uncanny, the filmic body and visual effects technologies.

Zeynep Koçer is an Assistant Professor in the Department of Communication and Design at Istanbul Kültür University, Turkey. She teaches visual culture, film history and cultural studies. Koçer received her PhD in Visual and Cultural

#### x List of Contributors

Studies from I.D. Bilkent University. Her research areas are Turkish modernization and politics, cultural studies, reception studies and gender.

**Maddi McGillvray** is a PhD student in Cinema and Media Studies at York University, where she writes extensively on the horror genre. Maddi's other research interests include feminist film theory, transmedia studies, and exploitation cinema. Continuing her interest in gender and horror, Maddi is completing her doctoral dissertation on contemporary female horror filmmakers. In addition to her current research, Maddi is also writing a chapter titled "Softness Have You Seen My Film?": The Women of the New French Extremity" for the edited collection *Women Make Horror*. She is also the Editorial Assistant at *Rue Morgue*, the world's leading horror in culture and entertainment magazine.

**Shellie McMurdo** is currently in the third year of doctoral research at the University of Roehampton, UK. Her thesis, titled 'Blood on the Lens: Found Footage Horror and the Terror of the Real' uses close critical analysis influenced by trauma theory to examine the rise in popularity of the found footage horror subgenre. In addition to her current research, Shellie has a forthcoming chapter in an edited collection on *American Horror Story* and is currently working on the proposal for a co-authored book on the mediation of the West Memphis Three case. Her wider research interests are trauma theory, torture horror, fandoms and transmedia.

Francesca Sobande is a Lecturer in Marketing and Advertising at Edge Hill University, UK, and is interested in the manifestation of intersecting issues concerning race and gender in popular culture. Her research foregrounds digital diasporic dynamics amidst the media marketplace experiences of Black women in Britain. Francesca has been involved in the organization of symposia, including *Examining Normativity in Consumer Culture and Labour Markets* (University of St Andrews) and is on the editorial team behind the forthcoming collection *To Exist is to Resist: Black Feminism in Europe*.

#### Introduction

#### Samantha Holland

At the very start of this project, I met my colleague Rob Shail for morning coffee and asked him if he would like to edit a book with me about gender in horror; specifically about what - if any - changes in gender representation in horror films there have been. My idea was that such a book would tie in with the themes of the new book series Emerald Studies in Popular Culture and Gender, and its publication would launch the series. Shortly afterwards, we recruited our friend and colleague Steve Gerrard as our third editor because of his love for and knowledge of the horror genre. I tweeted a call for chapters and we were overwhelmed by the positive response, receiving more than 80 abstracts and expressions of interest, as well as supportive messages. This was many more than we had anticipated (in fact, we had worried about whether we would receive enough) and resulted in us being able to work on three separate volumes, with each of us acting as lead editor for one volume: film, television and fandom and other media. This, then, is the first volume which concentrates on film. The books offer an overview of what is happening currently with gender in the horror genre; hopefully, they also begin a conversation. The reader can choose to read just one of the three, or all three, in any order.

All three volumes focus on the horror genre since 1995, the year that the first *Scream* film was released and the year that, arguably, horror films 'came back'. Horror fans had suffered something of a drought in the 1980s, displaced by action movies and 'musculinity', although admittedly this epoch resulted in some strong iconic screen heroines such as Ellen Ripley, Sarah Connor and Charlie Baltimore. But the *Scream* franchise (1996, 1997, 2000, and 2011) signalled a fruitful and lucrative new life for the genre, which still flourishes to date. The horror genre is thriving because it is able to remain current. Film franchises such as *Saw*, *The Conjuring* and *The Purge* speak to different aspects of our fears: horror is always based on contemporary anxieties and so will always find new ways to tell those stories and new styles to do so. The conventions and even the aesthetics of the horror movie will always be recognizable, such as the lighting and the score, but horror will always be up to date. The slasher films of the 1970s reflect perfectly the anxieties of the time, for example in the time of

the women's liberation movement there was *Black Christmas* (1974); and the rise of consumption and consumerism prompted *Dawn of the Dead* (1978). More recently, *The Blair Witch Project* (1999) was arguably the first film to use the format of found footage, combining the very modern (film cameras and smartmouthed University students in grunge-inspired plaid) with the very ancient: the fear of the wilderness, of being lost and of being threatened by something unseen and evil. It doesn't matter how much tech you have if you have no signal for your GPS and you never learnt to read a map. Found footage has become a staple in the genre partly because horror has always responded to our fears and mapped them onto narratives about the domestic and the everyday.

The chapters in this book owe a great debt to Carol J. Clover and her conceptualization of the 'Final Girl' character in horror films — in fact, eight chapters out of 15 refer to Clover's work. As Clover (1992, p. 42) points out, in a horror film, we will fear for a woman more than for a man. Men are killed in horror films but are less likely to face the torture, the chase, the 'graphic detail' (Clover, 1992, p. 35) of the terror that the female protagonist has to face, because she is 'abject terror personified' (Clover, 1992) and in order to identify with her plight we must watch her endure it. Nonetheless, endure it she does and her survival — and the audience's identification with her, whether they are male or female — is a key element of the success of the horror genre.

Clover's concept of the Terrible Place is also an important theme in the chapters which follow, whether explicitly or implicitly, that place of nightmares where there is no escape. Horror begins by establishing normality, a house, a school, where daily life is uneventful. Very quickly that safe place becomes a place of terror, where the most homely space can no longer be trusted — who is in the closet? What is under the bed?

The chapters examine all the mainstays of the horror genre, with subjects ranging from werewolves and cannibals to ghosts and zombies — all using a 'gender lens' and interrogating what, if anything, has changed in representations of gender in contemporary horror. Is horror really all about a blonde girl trying to escape capture and torture? Sometimes, it is; often it is much more than that. Indeed, the authors discuss torture, and alongside that feminism, Black or ageing masculinities, social media and new technologies, patriarchy, gay porn and the Gothic, amongst many other things, proving that the term gender encompasses just about all things for all people. A mixture of world horror cinema is included, for example, from the US, Spain, France, Turkey and Latin America. As editors, we were keen to include established scholars but also emerging writers, and we wanted to ensure a fair mix of male and female authors.

The book is structured in three parts, which broadly capture the overarching concerns of the chapters within them, and the horror genre itself: they are "Bodies," "Boundaries" and "Captivity." These are subjects that reflect the danger, pain, change, challenge and suffocating terror experienced in horror, and without which horror could not function. Laura Mulvey (1989, p. 17) argues that film, especially the horror film, will 'focus attention on the human form'. In doing so we see how vulnerable our bodies are. So in Part I "Bodies," the chapters deal with the Final Girl (threats to her body and her physical agency), with

masculinities (including the challenges of the aged body) and with the cannibal (who literally eats human bodies).

Part II "Boundaries" is about physical and imagined boundaries, which both are central to the horror genre. Horror films are full of people crossing boundaries, going places they shouldn't and doing things they will regret. How many times have you shouted at the screen 'don't go in there!' This part, then, includes chapters about ghosts, hauntings and vampires – but also about porn and social media, two spaces where boundaries are frequently crossed.

Finally, Part III "Captivity," looks at ideas about being trapped – whether in a place, or in your own body, reflecting decades of feminist work about the captivity of gender roles.

The authors set out to address the challenges and changes to be found in modern horror films around gender, and in doing so, they demonstrate the breadth and richness of the genre, and how it precisely mirrors our anxieties and preoccupations.

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## PART I BODIES

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#### Chapter 1

## 'It's So Easy to Create a Victim': Subverting Gender Stereotypes in the New French Extremity

Maddi McGillvray

Man endures pain as an undeserved punishment; woman accepts it as a natural heritage.

- Anonymous

The female victim has been a reoccurring cinematic image since the development of the medium. Not only has the female form become the conventional site of pain and suffering in film, but this correlation has also become particularly quintessential in the horror genre. Linda Williams notes this in 'Film Bodies: Gender, Genre, and Excess' (1991), arguing that genres such as horror, pornography, and melodrama hinge on the spectacle of a sexually saturated and victimized female body (Williams, 1991). Women have been at the centre of the horror genre since its origins (Dani, 2017). They are the last ones standing at the end, hunted and slaughtered by psychopathic killers, haunted and/or possessed, give birth to the monsters of such films, and in some rarer cases, they are even the monsters themselves. Nevertheless, misogynistic depictions of women have frequently appeared within the horror genre since its emergence. Starting with *Le Manoir du Diable* (Méliès, 1896), which is often cited as the first horror film, and continuing until today, the presence of gendered specific violence has been a recognizable trope throughout the history of horror cinema.

Despite such narratives, horror is one of cinema's most consistently popular and lucrative genres (Prince, 2004). Not only is horror experiencing what many are calling its 'golden age' with the critical success of films like *Get Out* (Peele, 2017), *It* (Muschietti, 2017), and *Hereditary* (Aster, 2018), but the popularity of television shows such as *The Walking Dead* (2010–present) and

American Horror Story (2011-present) also suggests that horror and images of violence and gore have become normalized elements of our media and viewing culture. As a result, more is required in order to shock and stimulate today's audiences. The last decade has seen the birth of extreme cinema, which is defined in the Oxford Dictionary of Film Studies as, 'a group of films that challenge codes of censorship and social mores, especially through explicit depictions of sex and violence, including rape and torture' (Kuhn & Westwell, 2012). This trend has not only seeped its way onto North American screens, but has also gained prominence among international markets as well. For instance, in North America, torture porn films such as Saw (Wan, 2004) and Hostel (Roth, 2005) have become contemporary franchises comparable to the Friday the 13th and A Nightmare on Elm Street series. Similarly, so-called 'Asia Extreme' films including Audition (Miike, 1999), Ichi the Killer (Miike, 2001) and Oldboy (Park, 2003), as well as 'European Extreme' shockers such as A Serbian Film (Spasojevic, 2010) and the American co-production The Human Centipede (Six, 2009), have also gained prominence in the global film market (Jennings, 2008, p. 5).

However, as scholar Erin Jennings states, 'nowhere is the surge of excess sex and violence in film more apparent than in France' (Jennings, 2008, p. 6). Artforum critic and programmer James Quandt coined the term 'New French Extremity' to describe the growing presence of extreme violence and sexual brutality in French films at the turn of the twenty-first century. Referring to a series of transgressive films by French auteurs such as Gaspar Noé, Claire Denis, Bruno Dumont, and Catherine Breillat, Quandt cites the New French Extremity as, 'a cinema suddenly determined to break every taboo, to wade in rivers of visceral and spumes of sperm, to fill each frame with flesh, nubile or gnarled, and submit it to all manner of penetration, mutilation, and defilement' (Quandt, 2004). While Quandt initially wrote about the New French Extremity as an arthouse movement, in the years that followed, the title quickly become synonymous with horror films. Consequently, the New French Extremity has earned a reputation for eliciting excessive reactions from critics and audiences, including mass walkouts, fainting, and vomiting. Despite the vociferous reactions and controversies these films have elicited, they have had an undeniable impact on French cinema, as these films have both flourished nationally and continue to gain popularity beyond French borders.

At the centre of this cycle, as scholar Tim Palmer states, is an emphasis on human sexuality rendered in stark and graphic terms (Palmer, 2006a, 2006b, p. 58). The correlation between sex and violence is not exclusive to the New French Extremity, as France has a unique history of representing such themes in art. The New French Extremity extends a libertine tradition that includes the

<sup>&</sup>lt;sup>1</sup>At the time of his article, Quandt labelled the New French Extremity as an art house 'movement'. That being said, the title has since been applied to an ongoing list of startling and deeply upsetting French horror films. This has led many critics and scholars to contend whether or not the New French Extremity is in fact a cinematic movement or a genre in and of itself.