

Movies, Music and Memory

Tools for Wellbeing in Later Life

Emerald Studies in the Humanities, Ageing and Later Life

Julia Hallam

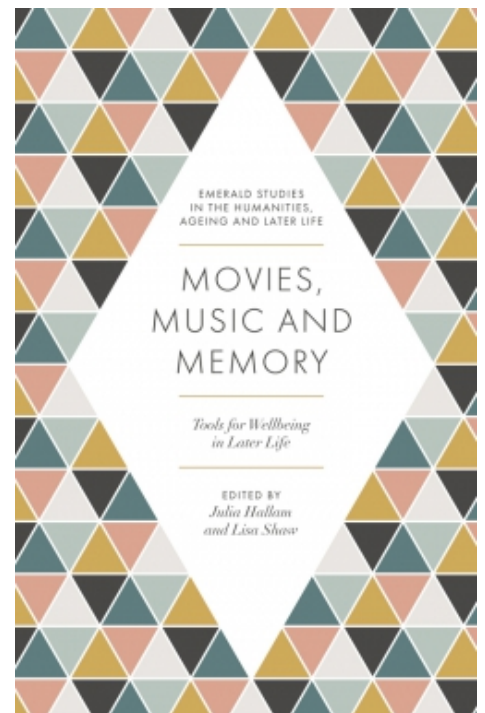
Lisa Shaw

About the Book

Presenting research findings from recent studies which use innovative, creative approaches, including pilot projects led by the authors in the UK and Brazil, this book provides an accessible, timely, practical and jargon-free overview of how music and films are currently used in nursing homes, dementia wards and day-care centres for the older population.

Drawing on the expertise of researchers, health care professionals and carers, the book looks at the experience of both stakeholder groups - carers and the cared-for. It provides useful, unique insights into how we might tackle the pressing real-world challenge posed by an ageing global population and attendant increase in the number of those living with dementia.

Complemented by a downloadable 'best-practice' toolkit that contains tips and materials relating to film- and music-related activities for use by carers (both professionals and family members), this book fills a gap in the market by providing both academic responses and practical solutions to a critical global challenge.



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