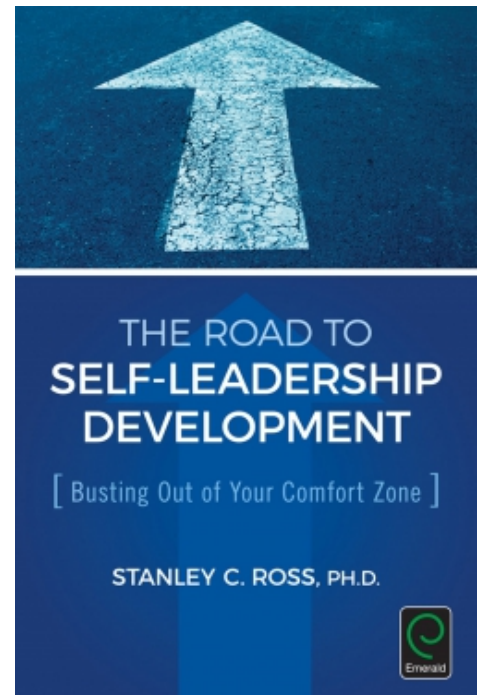


## The Road to Self-Leadership Development Busting Out of Your Comfort Zone

Stanley C. Ross

### About the Book

The primary purpose of *The Road to Self Leadership Development: Busting Out of Your Comfort Zone* is to provide individuals who want to become a leader with a systematic approach for learning how to first learn to become a self-leader. Organizations can use the book for identifying leader types and within leadership development training programs. Individuals need help in understanding the logic of being a self-leader and the critical role of self-worth (encompasses self-esteem, self-concept and self-confidence) in the process of developing the self-leader as a preparatory step to leadership development. The book offers two important benefits to readers. First, readers learn that to lead others involves learning how to lead the self and self-leadership is all about improving feelings of self-worth. Second, the book provides a practical model for readers to follow in creating a personalized self-leadership development process or an organizations human resource leaders with a model to follow in designing and implementing a multi-stage training program that encompasses self-leadership and leadership development.



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