Managing Fatigue in Transportation
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About the Book
This book is concerned with driver fatigue across all transport modes. Most research into the effects of fatigue has been restricted to studies of road users but with new estimates showing more crashes can be attributed to fatigue than previously thought, fatigue is increasingly being seen as a significant public health problem. Drawing together research into fatigue and its management in all transport modes, this book shows that much can be learned from approaching the phenomenon in an integrative way. Exposing common misconceptions and exploring key research findings, the book presents the true complexity of the problem by bringing together up-to-date review contributions from experts on the causes and countermeasures to fatigue. The work will give policy makers a sound basis for formulating changes in regulatory frameworks as well as providing the research community and the concerned public with a complete picture of this complex problem and its solutions.